

# TEACHER SUPPORT SHEET (RECEPTION CLASS)

## Theme: Ourselves

This theme gives an opportunity to consider our senses and the need to keep healthy and safe. Road accidents are one of the main causes of injury for primary school children.

The **OBJECTIVES** of your road safety walk and follow-up activities are for the children to begin to understand how their bodies work, their physical limitations and abilities and how they can use their senses to keep safe in the road environment

### Possible Activities:

#### Our Bodies:

##### Eyes:

- Sorting and matching games
- Compare what can be seen in the dark with what can be seen in the light
- Cut out pictures of eyes from old magazines and make into an eye-shaped collage
- Make masks and binoculars
- Play 'Blind Man's Bluff'

##### Ears:

- Set out a sound table with different sounds to explore e.g., chime-bars, homemade shakers, bunch of keys, packet of crisps
- Sit still and be very quiet. What sounds can the children hear? What is making the sounds?
- Encourage the children to listen to their own voices on tape – can they identify who is speaking?
- Record different traffic noises. Can the children tell the difference between different types of vehicle?
- Listen to sounds while wearing hoods, earphones etc.
- Does talking, standing still or moving around affect what we can hear?
- PE – Use an instrument to accompany movement. Play with a strong slow beat and ask the children to walk with big, slow steps. Change to a fast beat and ask them to run on their toes.

### Behaving Safely:

- Holding hands with an adult – circle games where children hold hands with adults (Ring-a-Roses etc.)
- Draw around hands or make handprints
- Make a wall frieze using hand prints in road safety colours
- STOP when told – play musical statues etc.
- Obeying adult instructions – play 'Simon Says'

### People who Help Us:

- Talk about safe adults who help us near the roads – parents, police, school crossing patrols – follow the schools policy on how to identify 'safe' adults

